

<b>Time</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Sat/Sun</b>
<b>5:00 AM</b>		HammerTime		HammerTime		
<b>5:30 AM</b>	HammerTime Advanced		HammerTime Advanced		HammerTime Advanced	
<b>5:40 AM</b>		SPIN		SPIN		
<b>6:45 AM</b>						
<b>8:15 AM</b>	HammerTime	HammerTime		HammerTime	HammerTime	
<b>8:30 AM</b>						HammerTime (Saturday)
<b>9:00 AM</b>						
<b>9:30 AM</b>		SeniorTime		SeniorTime		
<b>2:30 PM</b>						
<b>5:15 PM</b>		HammerTime Pump	Pilates	HammerTime		
<b>5:30 PM</b>	SPIN					
<b>6:00 PM</b>						
<b>6:30 PM</b>	ZUMBA					
<b>7:30 PM</b>						